

Barmby Moor Village Hall

Day	Time	Class	Contact	Telephone Number
Monday	10.00am – 11.00am	Yoga (U3A)	Ava Monroe	07908 711480
	11.30am – 12.30pm	Pilates (U3A)	Ava Monroe	07908 711480
	5.30pm – 7.30pm	Pilates	Sophie Redfern	01759 305069
Tuesday	10:00am – 11.00am	Pilates	Sophie Redfern	01759 305069
	2.00pm – 4.00pm	Art (U3A)	Trish Cairns	01759 301196
	4.15pm – 5.45pm	Ballet	Deborah	07834 275276
	7.00pm – 10.00pm	Bridge	Dawn Watson	01759 388269
Wednesday	10:00am – 12.00md	Art (U3A)	Trish Cairns	01759 301196
	1.30pm – 3.30pm	Art	Shirley Wiltshire	01759 368166
	5:00pm – 6:00pm	Pilates	Sophie Redfern	01759 305069
	6:00pm – 7:00pm	Pilates	Sophie Redfern	01759 305069
	7.30pm – 8.30pm	Circuits	Ema Devlin	07730 096483
Thursday	10:00am – 12.00md	Art (U3A (Alt Weeks))	Steve Fraser	01759 307265
	1.30pm – 3.30pm	Flower Arranging	Jan Gardham	01759 302927
	4.00pm – 5.00pm	Pilates	Sophie Redfern	01759 305069
	5.15pm – 8.30pm	Dance (Children)	Ema Devlin	07730 096483
Friday	2.30pm – 4.00pm	Line Dancing (U3A)	Ian Ball	01759 304329/307465